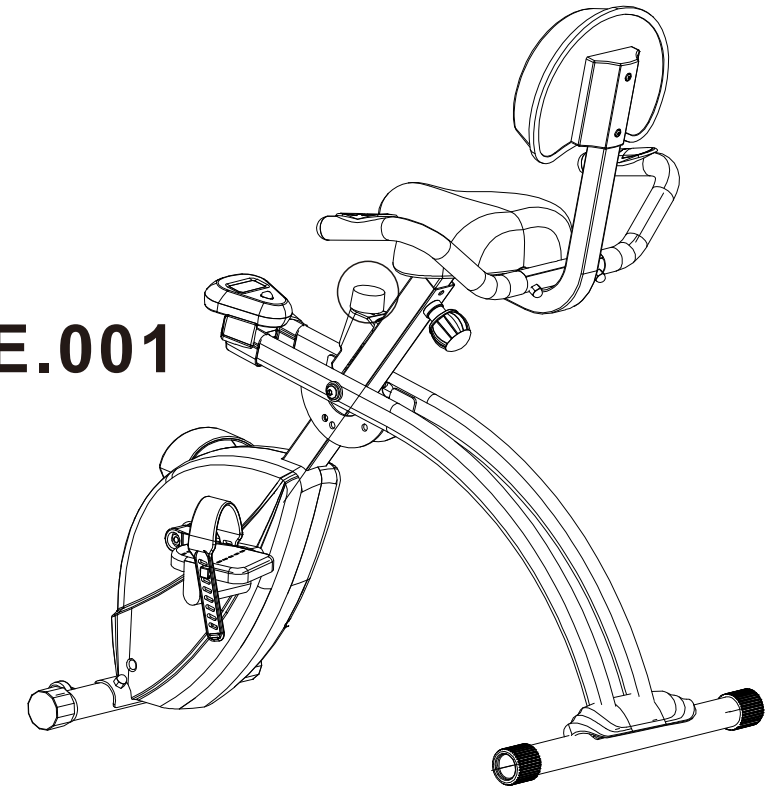


# euroseats

## UPRIGHT BIKE

### Item No. 13.FIE.001

#### INSTALLATION GUIDE



#### CAUTION

Please read all instructions carefully before using this product. Retain this manual for future reference. The specifications of this product may vary slightly from the illustrations and are subject to change without notice.


1. Make sure you read and fully understand this instruction manual.
2. It is the user's responsibility to read and understand all potential hazards of this exercise equipment.
3. Consult a physician before you begin a new exercise program. If you should experience pain, or you feel faint, short of breath or dizzy, stop exercising and consult a physician. Incorrect or excessive use of this machine can result in injury.
4. Your exercise bike should be operated on a stable, level surface.
5. You should mount and dismount your exercise bike carefully.
6. Loose clothing, untied shoelaces, jewelry and towels should be kept away from the bike pedals.
7. This machine is not a toy. Keep children away from this exercise bike, especially while in use. Children should be taught to never put their fingers near any moving parts on this machine.
8. Please keep children away from this exercise bike, especially while in use. Minors are strongly recommended not to use this products, since its designed for adults.
9. Remain seated while using bike - do not stand on pedals.
10. Maximum weight capacity of this bike is 242 lbs (110 kg).

**Ignoring the warnings in this manual could lead to hazardous situations that might result in serious injury or death.**


PACKAGE INCLUDED:

ACCESSORY PACKAGE LIST


1.



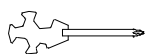
M8x50 mm bolt  
(4PCS)
2.




Φ8 washer  
(6PCS)
3.




M8 nut cap  
(6PCS)
4.




Screwdriver  
10, 13, 15, 17 (1PC)
5.




Φ8 washer  
(11PCS)
6.




M8 nut  
(3PCS)
7.




Hex key 5x5mm  
(1PC)
8.



M8x16 mm screws  
(8PCS)
9.



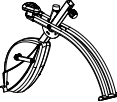
M8x40 mm screws  
(2PCS)
10.




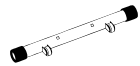
M4x8 mm screws  
(2PCS)


PART LIST


- A.



- B.



- C.



- D.



- E.



- F.



- G.



- H.


- I.

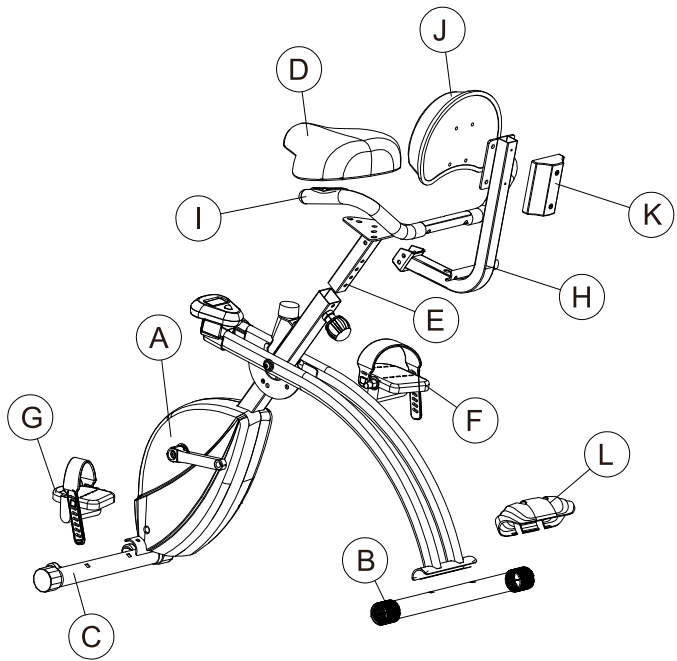

- J.


- K.


- L.

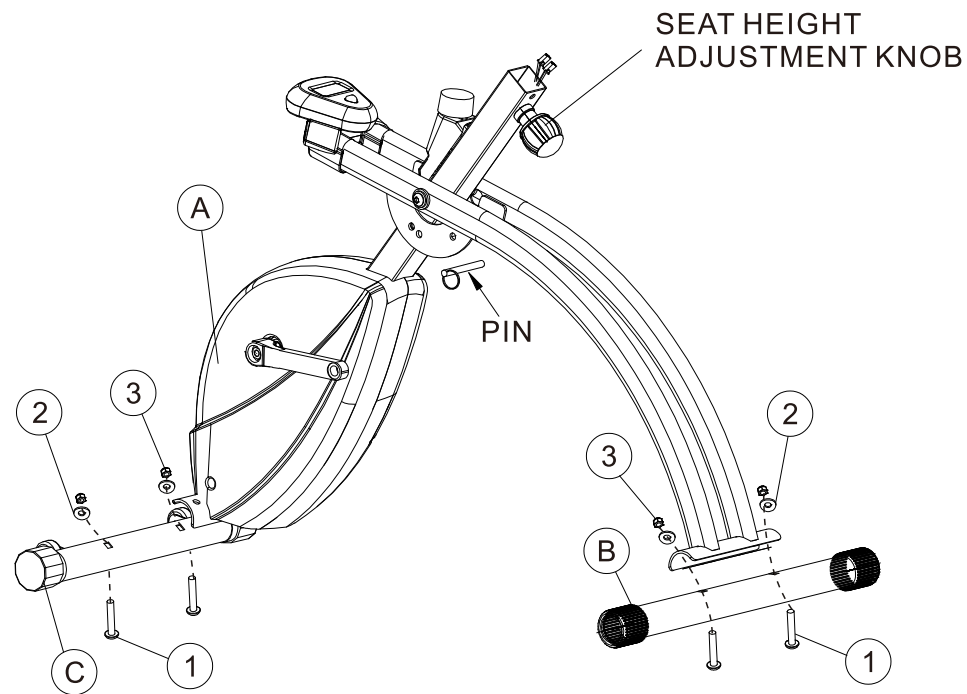


INSTALLATION DIAGRAM



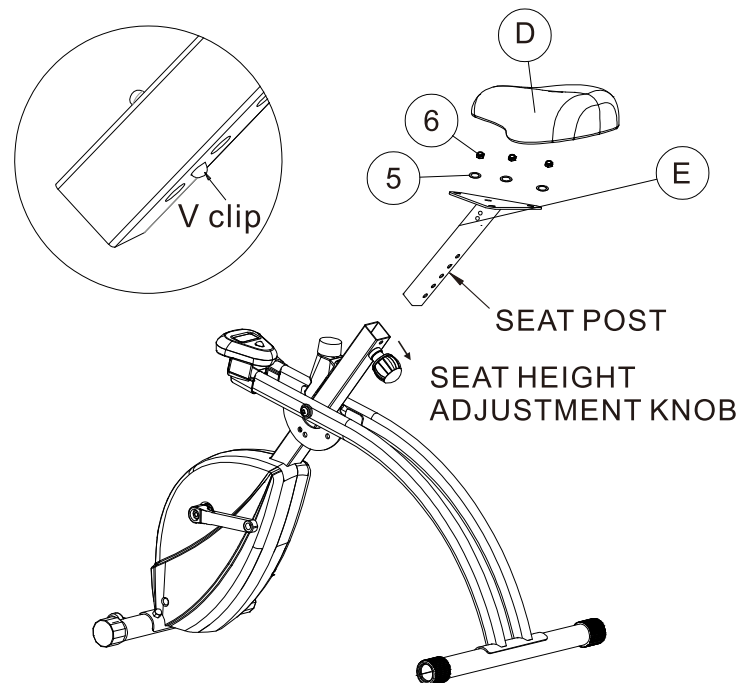
ASSEMBLY STEP 1

Put the MAIN FRAME (A) upright, remove the PIN. Make it steady on the ground, then plug back the pin into the hole. Attach the REAR STABILIZER TUBE (B) to MAIN FRAME using two M8x50mm Bolts (1), two Φ8 Washers (2) and lock them with two M8 Caps (3) using Wrench (4). Attach the FRONT STABILIZER TUBE (with wheels in front direction) (C) to MAIN FRAME using two M8x50mm Bolts (1), two Φ8 Washers (2) and lock them with two M8 Caps (3) using Wrench (4).



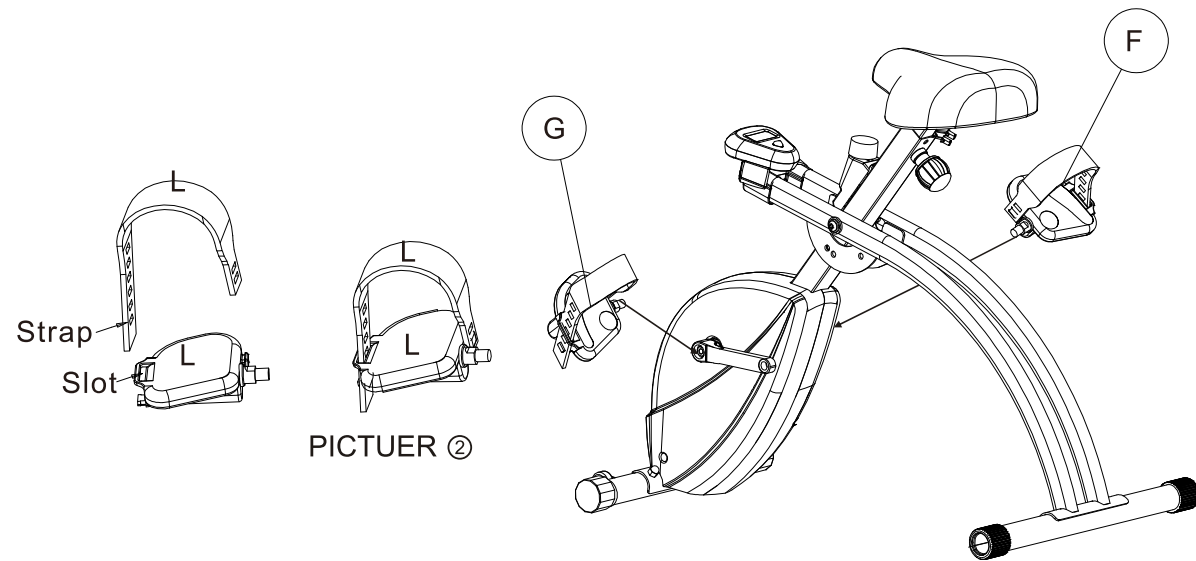
ASSEMBLY STEP 2

Attach seat (D) to seat post (E) , using wrench (4) to lock the three M8 nuts (6) which have been attached with three Φ8 washers (5). Pull the seat height adjustment knob out word which sliding the seat post (E) into main frame, tightening the seat post (E) clock wish after hearing the sound “pa”.



### ASSEMBLY STEP 3

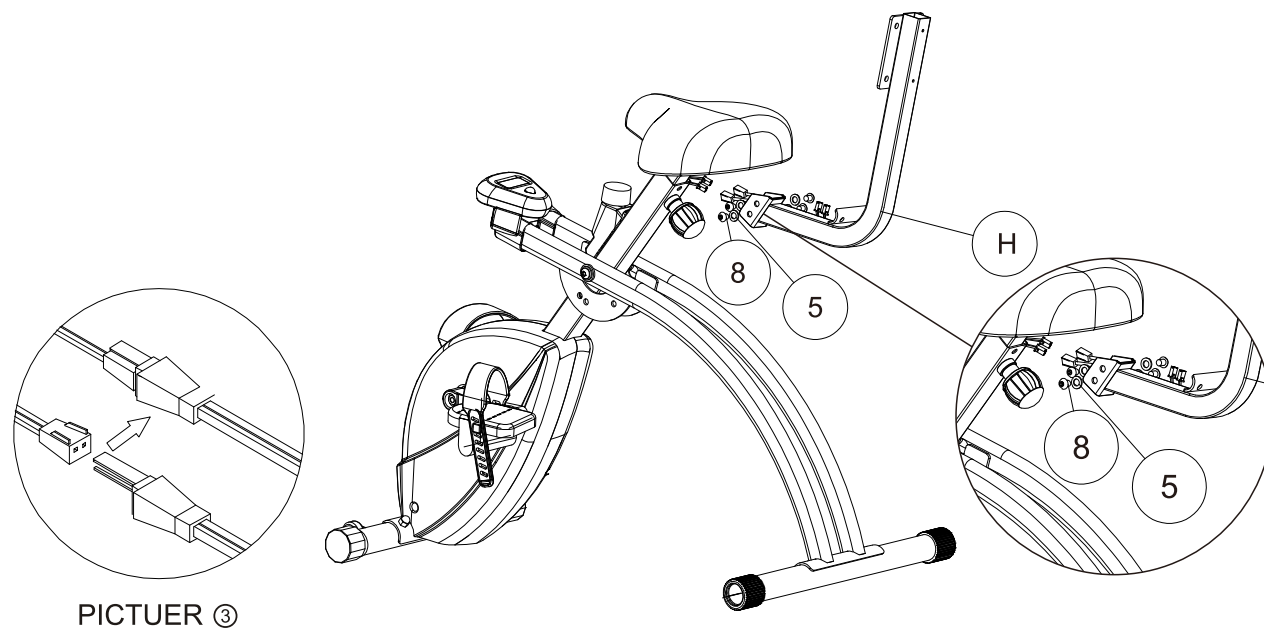
Attach the right pedal (F) and left pedal (G) to each crank arm, tightening them with the wrench (4). And you can do exercise more safety by adjusting the pedal straps which fit your feet (show as pic ②).



▲ Note: Pedals of right and left are different, do not install wrong!

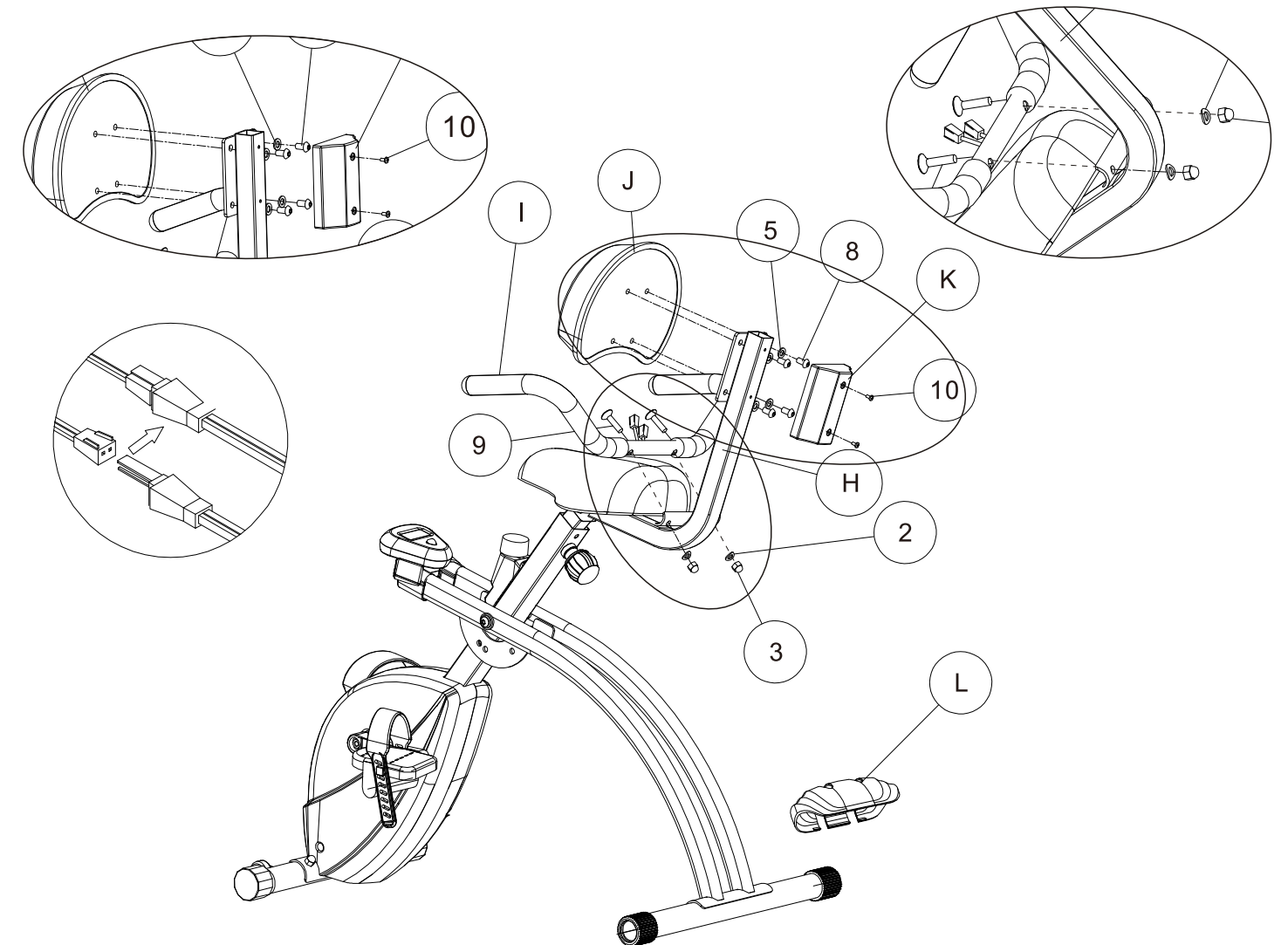
### ASSEMBLY STEP 4

Connect the cables which are from console mast (H) and seat frame (E) (as picture show). Sliding console mast (H) into the main frame tube (E), and connect them by 4 M8x15 mm screws (8) with 4 Φ8 washers (5). Tight them by 5x5mm hexagon key (7)



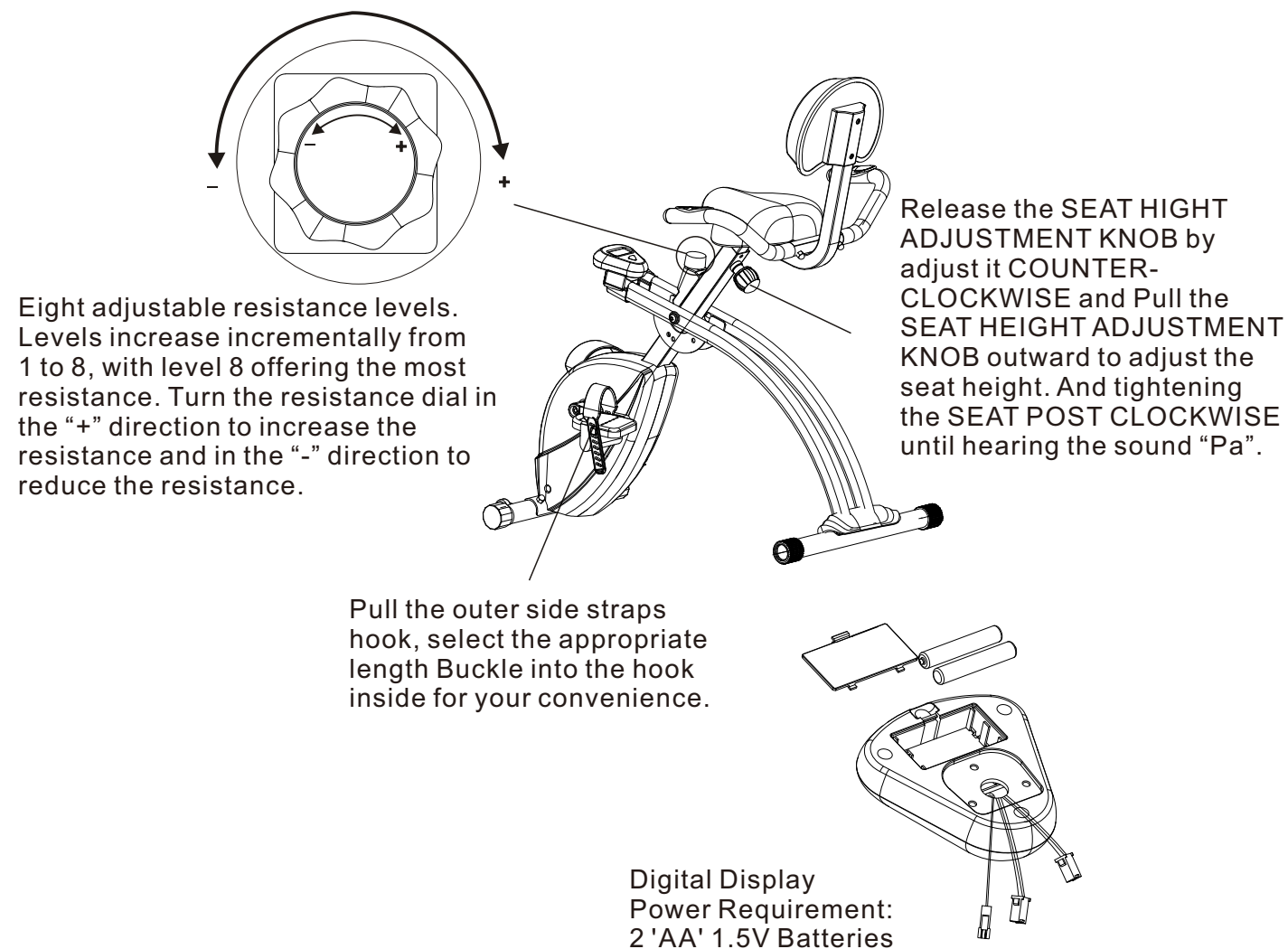
### ASSEMBLY STEP 5

Pre-assemble the handle tube (I) to the seat frame (H), and connect with 2 Φ8 washer (2) by 2 M8 x 40mm screws (9), and lock them firmly with two M8 nuts (3) by wrench (4). As picture ④ shows. Then lock firmly of back frame (J) with Hex key (7) using 4 M8 x 15 mm screws (8) with 4 Φ8 washers (5), fix the backrest cover cap (L) to backrest frame (H) with two M4 x 8 (10) using screwdriver (4), show as pic ⑤. Finally connect heart rate cable, and insert the cable into the tube, show as pic ⑥ attach the rear stabilizer tube cover (L) to the tube (A).

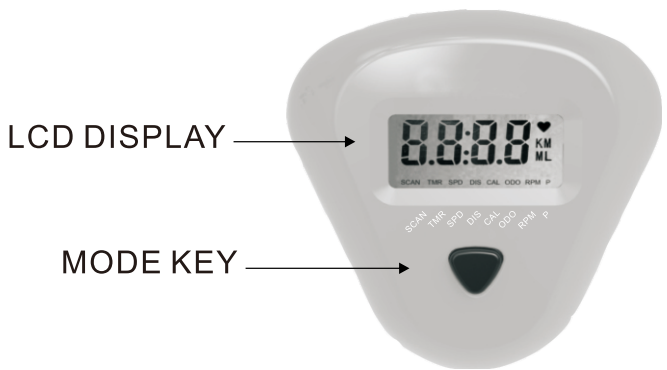


## COMPLETED ASSEMBLY PICTURE

⚠ pls adjust the seat height, heandbar and pedal strap according to your height before doing exercise



## CONSOLE OPERATION



- 1) Mode key under the LCD Display let you select a desired function. Reset the data to zero by pressing the MODE KEY for several seconds.
- 2) The processor turns off automatically when the speed sensor has no signal input or no key is pressed for approximately 4 minutes.
- 3) The LCD Display can be activated again by pressing the Mode key or by rotating the bike pedals.